

“One Day”

I. Introduction

- A. The hymn *One Day* expresses the significance of four particular days involving the work of Jesus. Consider some things Scripture teaches connected to the words of this song.
Hymns for Worship, Song 160

II. The Day Jesus Descended

- A. The first verse centers on God the Son’s descent from heaven. The opening words bring to mind what He chose to (temporarily) give up in order to come to earth.
Song 160, verse 1a; John 17:5 (cf. **Phil. 2:6-7**)
- B. The motivation for Jesus’ descent to earth is likewise alluded to in the opening verse. *Song 160, verse 1b; Titus 3:4-5*
- C. The way Jesus came into the world brings to mind His role as both Son of God and Son of Man. Among the things He accomplished by walking the earth as a man is the provision of a perfect Example. *Song 160 verse 1c-d; John 10:4*

III. The Day Jesus Died

- A. The second verse emphasizes things related to Jesus’ death. The fact that He was led to Calvary (Golgotha) demonstrates the humiliating nature of the type of death He faced.
Song 160, verse 2a; Hebrews 13:12
- B. The repulsive way Jesus was treated is further expressed in the words, “they nailed Him to die on the tree.” The reproach Jesus had to suffer to make forgiveness of sins possible shows us how disgusting sin is. *Song 160, verse 2b; Galatians 3:13*
- C. What Jesus endured for each of us should prompt appreciation and motivation for wholehearted surrender to Him.
Song 160, verse 2c-d; Isaiah 53:3

IV. The Day Jesus Arose

- A. The third verse focuses on the day Jesus rose from the dead. This day demonstrates the incapability of death to prevail over Jesus. *Song 160, verse 3a-b; Acts 2:24; 1 Corinthians 15:56-57*
- B. Jesus conquered sin and death, making it possible for *us* to be freed from sin and the eternal death it leads to.
Song 160, verse 3c; Revelation 1:17-18
- C. Jesus’ resurrection was capped off with His ascension back to heaven to be at the right hand of the Father. He now rules there as King over His kingdom.
Song 160, verse 3d; Ephesians 1:20-21

V. The Day Jesus Will Return

- A. Jesus’ ascension into heaven is a reminder that He will return “in like manner,” not for an extended stay on earth, but to judge all who have ever lived. This Day is the subject of verse 4. *Song 160, verse 4a-b; Acts 1:10-11*
- B. This is a wonderful Day to look forward to for those who are right with God. Part of the beauty of this Day is the gathering together of the righteous of all ages that will take place. *Song 160, verse 4c-d; 1 Thessalonians 4:16-17*

VI. Conclusion

- A. May we appreciate all that Jesus has done for us. May we make the sacrifices needed to surrender to Him who sacrificed so much for us. And may we take advantage of what He’s made possible through His descent, death, and resurrection, so that we are prepared for the Day He returns.